

Investigation of an Outbreak of Cholera in Rourkela, Odisha, Dec 2023 - Jan 2024

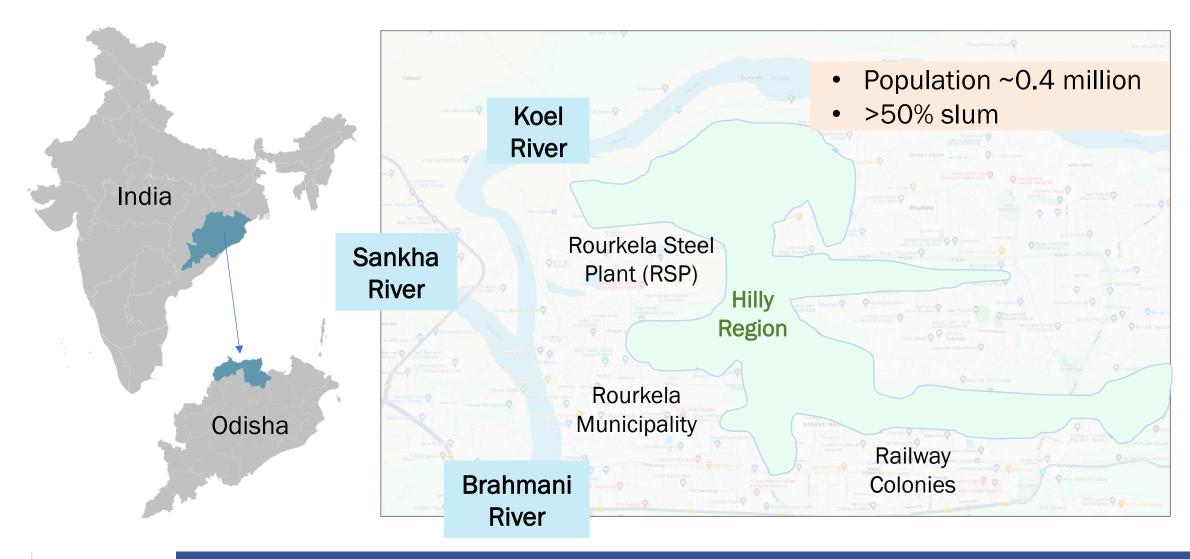
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Rourkela City - Third Largest City in Odisha, India









Rise in ADD* cases being reported → Positive for Cholera

ADD outbreak, Rourkela, Odisha, Dec 23 - Jan 24



ADD: 28 - 30 cases per day

Usual: 8 - 10 cases per day



Confirming the existence of the outbreak



Stool samples from admitted patients

18/39 = **46% samples** were

Positive for Vibrio cholerae



Confirming the Diagnosis



Intake pump from the Brahmani River

Positive for Vibrio cholerae

Investigation Team

Describe the outbreak

Potential Sources & Risk Factors







Definitions & Methods

ADD outbreak, Rourkela, Odisha, Dec 23 - Jan 24



Case Definitions

Suspect: Occurrence of ≥3
episodes of loose stool within 24
hours from 1 Dec 2023 to 26 Jan
2024

Confirmed: A suspect case with Vibrio cholerae O1 or O139 confirmed by culture or PCR



Descriptive Epidemiology

Systematic door-to-door case search
Five highly affected areas
Epidemiological Curve & Spot Map
Attack rate per 1000 population (AR)



Environmental Investigation

Visit affected areas, pumping stations Interviewed case patients & staff Samples from Water Supply System

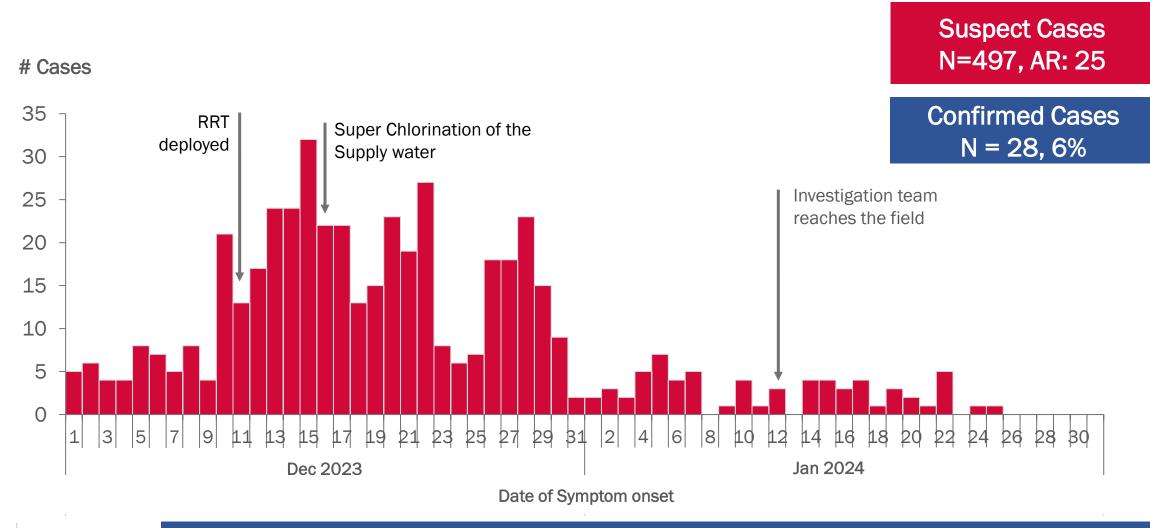






Multiple Peaks → Propagated outbreak?

Time distribution, Descriptive analysis, ADD outbreak, Rourkela, Odisha, Dec 23 – Jan 24 (N=19,679)



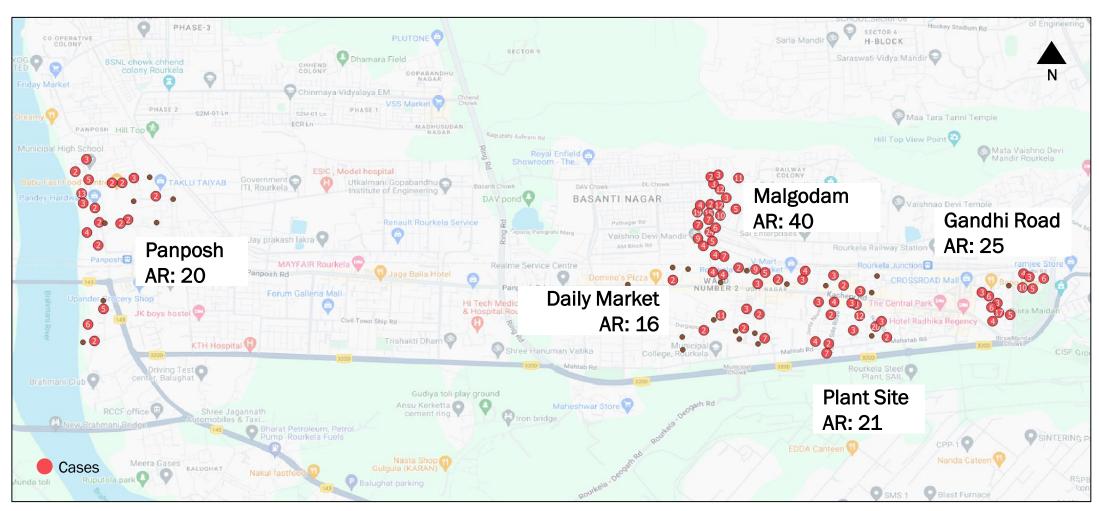






No clustering of cases based on location

Place Distribution, Descriptive analysis, ADD outbreak, Rourkela, Odisha, Dec 23 – Jan 24 (N=497)









All sections affected | Delay in seeking care

Descriptive analysis, ADD outbreak, Rourkela, Odisha, Dec 23 – Jan 24 (N=497)



Highest AR: **60+ years** → 29



Females (30) > Males (20)



Most common symptoms (>65%) **Abdominal Pain & Myalgia**



84% (n=416) → Sought treatment 63% (n= 267) → Pharmacy



>80% (n=407) cases used

Municipality water supply



56% (n=278)
No purification techniques



>60% (n=318) reported color & smell in Municipality water



40% (n=199) **No Soap** for hand washing







Possible lack of adequate chlorination

Environmental Investigation, ADD outbreak, Rourkela, Odisha, Dec 23 – Jan 24



Heavy rainfall - 5-8 Dec 2023 Muddy water supply

Open drainages with water supply pipes - Leakage

Intermittent water supply → possibility of negative suction

18 / 28 (64%) Samples
Positive for Vibrio cholera

Irregularities in "Chlorine gas stock register"
30 Nov – 20 Dec 2023







Municipal Water Supply & Lack of drinking water purification

could be the cause of the outbreak → Hypothesis

ADD outbreak, Rourkela, Odisha, Dec 23 - Jan 24

Case-Control Study

Unmatched, 1:1

• Min. Sample Size: 109

- Logistic regression adjusted for age & gender
- Adjusted Odds ratio (aOR) with 95% CI

- Case: An occurrence of at least three episodes of loose stool within 24 hours among the residents of Urban Rourkela, Odisha, from Dec 01, 2023, to Jan 26, 2024
- Control: Individuals from the neighborhood of a case who didn't qualify as a suspect case

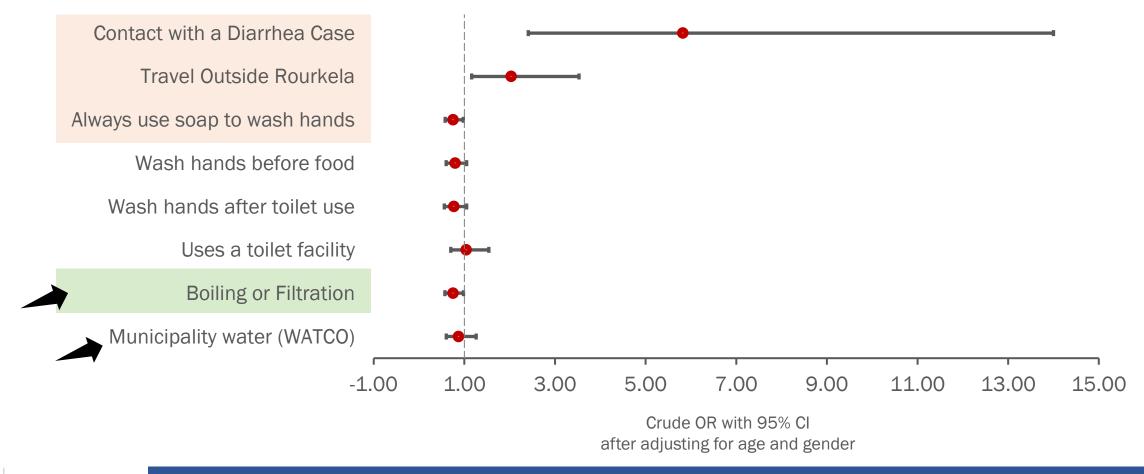






Boiling / Filtration was protective | Contact & travel could lead to disease

Association between ADD & exposures, ADD outbreak, Rourkela, Odisha, Dec 23 – Jan 24 (n=980)



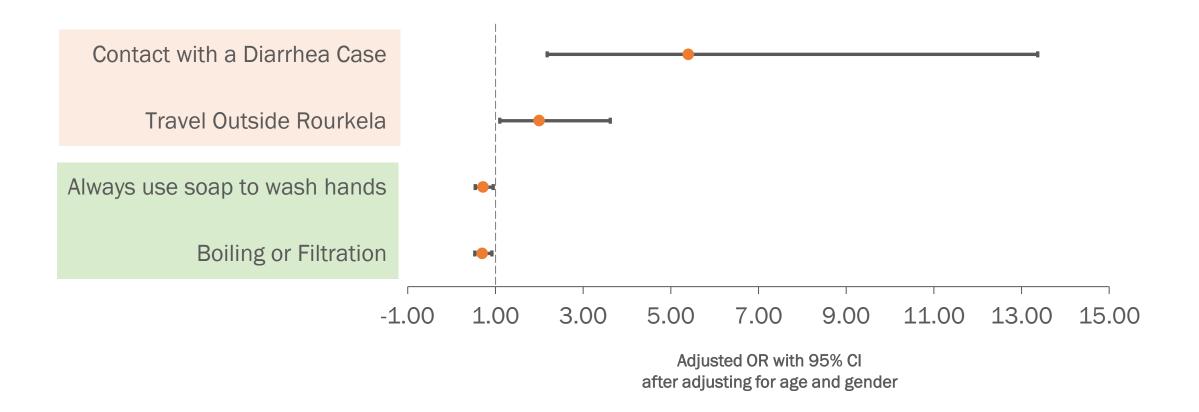






Urgent need to focus should be on WASH* practices

Association between ADD & exposures, ADD outbreak, Rourkela, Odisha, Dec 23 – Jan 24 (n=980)



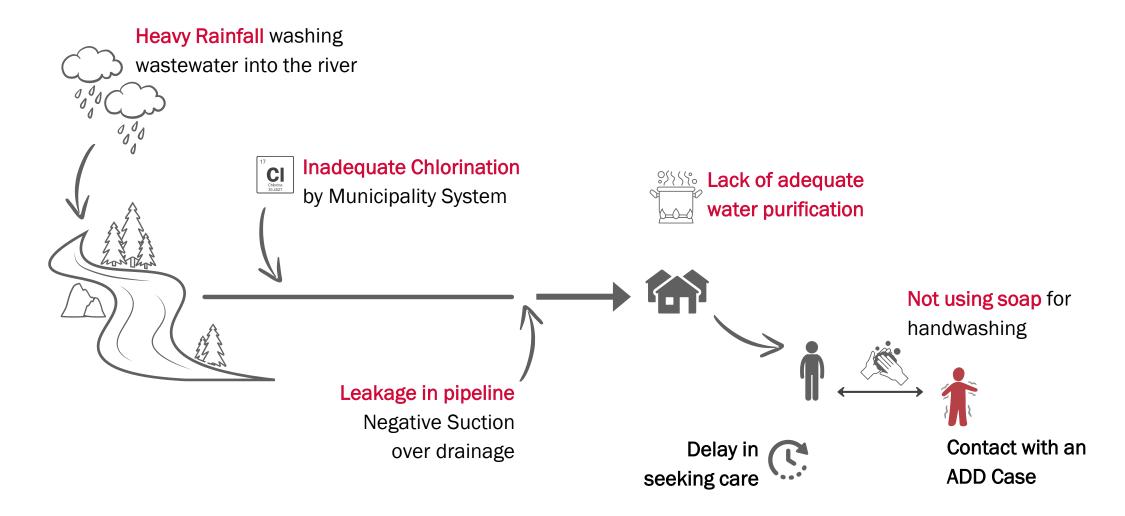
*WASH - Water, Sanitation & Hygiene Practices







Conclusions - ADD Outbreak, Rourkela, Odisha, 2023-24









Recommendations

ADD outbreak, Rourkela, Odisha, Dec 23 - Jan 24

Short term

- Adequate residual Chlorine to neutralize sewage mixing
- Boil water before drinking in the communities



Long term

- System for constant monitoring of the quality of water supply at the user end
- Locate and replace the damaged pipelines
- Records and registers at the Municipality to be regularly audited







Acknowledgement



- Directorate of Public Health, Odisha, Public Health System at Rourkela Municipality
- Nursing College Principal, Hitech Medical College, Rourkela → 44 Nursing Students
- Faculty, Mentors, and Administrative Staff of India FETP at ICMR NIE



